The Herald-Palladium

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Summer Olympics postponed

Page A6

GROCERY STORES WORK TO STAY STOCKED

Local, A3

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Jails taking measures to prevent virus

Inmate population plunges

By JULIE SWIDWA
HP Staff Writer

Jail populations in Berrien and Van Buren counties are down considerably as officials try to keep the novel coronavirus outside their walls.

Berrien County Sheriff Paul Bailey said the population Tuesday of 248 inmates is the lowest he has seen in his 20 years as sheriff. He said the jail capacity is 342 inmates and the population normally is near that number.

BAILEY

Van Buren County Sheriff Daniel Abbott said his county's jail population Tuesday was 106, considerably down from the typical count of 190.

"We haven't released anyone early, but the numbers are down because judges are allowing deferment of sentencings and we're issuing a lot more appearance tickets rather than bringing people to jail," Abbott said.

Bailey said that is being done in Berrien County, as well. Further, he said, a number of inmates were released last week after Berrien County Trial Court judges suspended a lot of people's sentences, cutting them short. For example, someone serving a six-month sentence was released, having served five months.

Bailey and Abbott said violent criminals still are being brought to jail and lodged. But the new inmates are health-screened before being brought to the intake area.

"We're taking every precaution we can," Bailey said. "A medical evaluation is done before anyone comes in. And we're doing a lot more cleaning and disinfecting."

Abbott said new people being brought in are screened in the jail's garage area before being booked into the jail.

"If there's any question, we'll send them to the hospital," he said.

Inside the jail, Abbott said, "We're cleaning and disinfecting everything twice a day, going above and beyond."

He said all incoming mail is quarantined for five days before being distributed.

"We've also shut our lobby down at the sheriff's office until this passes. Everything is being done by mail or telephone right now, and no in-person visits are allowed at the jail. Visits are by video only," he said.

"Attorneys are also doing most of their communications with inmates by video. We have rooms set up to do that," Abbott said. "The idea is to keep the community out without violating anyone's rights."

Bailey and Abbott both said to date there have been no cases of COVID-19 discovered in their jails.

Contact: jswidwa@TheHP.com, 932-0359, twitter@hpswidwa

Photos by Don Campbell / HP staff

Custodial staff member Alphonso Posey cleans a table in the communal area at the Benton Harbor Salvation Army earlier this week.

Homeless shelters spread thin, in desperate need of supplies

By ALEXANDRA NEWMAN
HP Staff Writer

BENTON HARBOR — For years, homeless shelters have been a refuge for those who have no other place to go between the hours of 5 p.m. and 9 a.m.

But due to the novel coronavirus emergency, they've all had to expand their hours to 24/7.

"Before, they would go to their jobs, the library, social service agencies, and other places during the day. Now, many of those places are closed or not available. Some still go to their jobs, but it's created a strain," said Major David Womack, of the Benton Harbor Salvation Army's Men's Shelter.

It's created a strain on other area shelters as well, including the ones for women and families in Van Buren County operated by the Southwest Michigan Community Action Agency (SWMCAA), and in Benton Harbor by Emergency Shelter Services (ESS).

Officials at those shelters say their staffs are now spread thin and they're running out of supplies.

"We're keeping the facility clean, sanitizing everything, and making sure the people are kept clean," Womack said. "That's left us with a shortage of sanitizing supplies, including gloves and masks. And if our staff becomes sick, that becomes even more of a burden because we have to pay them while they're out, and pay for overtime for the person covering for them."

Posey cleans a sink in a bathroom at the Benton Harbor Salvation Army.

Womack said besides the cleaning, all the beds are now arranged to keep the men's heads 6 feet apart and the men and the staff all have their temperatures taken as they come into the building.

Reshella Hawkins, director of the ESS shelter in Benton Harbor, said every client that comes into the shelter must wash their hands immediately.

"We've always done a lot of sanitizing and cleaning, but this has caused us to do it a little more often on high traffic items, like door knobs," she said.

With the stay at home order, most clients will stay in the shelter during the day and night now, Hawkins said.

That's the same at the shelter in Decatur, ran by SWMCAA.

Yvonne Vidt, community services manager for SWMCAA, said the clients will be able to leave to get groceries and such, but the agency's commodity warehouse in Benton Harbor has been able to provide extra products to the shelter.

On a recent morning the agency held a meeting regarding how to spread out its staff during the lockdown, because its hours of operation have also increased.

"We also have a room set aside at the shelter were we can contain someone who is sick, even if they just have a cold," Vidt said.

Womack said the men's shelter also has a quarantine room ready for anyone showing symptoms of illness.

He said if anyone got a high enough fever, the shelter staff would work with health care providers to get that person tested.

Other changes that have been implemented include the cancellation of all groups that normally meet at the Salvation Army.

"We're still a ministry, so we've had to be creative on how we still minister to people," Womack said. "Last week was the first time I've done a sermon live on our church's Facebook page."

All the shelters are asking for help with sanitation supplies and person-protective equipment.

Womack said his shelter is asking for any help people can give, whether that's a person volunteering time to be a monitor at the shelter, restaurants donating their extra food, or businesses giving cleaning and sanitizing supplies.

Anyone who can help is asked to call 927-1353 between 9 a.m. and noon, or between 12:30 and 2:30 p.m.

"If we don't answer, please leave a message and we'll call you back," Womack said. "We are feeling a burden and we need your help."

Hawkins said people can find information on how to donate, or buy items off their Amazon Wishlist, on the ESS website, www.essberrien.org.

"We're trying to keep calm," she said. "This is really big, and people are really

See **SHELTERS**, page A5

Berrien COVID-19 cases now at 8

Donation site set up in Benton Harbor for medical supplies

By HP STAFF

BENTON HARBOR — The number of cases of COVID-19 rose to eight Tuesday in Berrien County.

There were still no cases in Cass or Van Buren counties as of Tuesday evening.

The Berrien County Health Department (BCHD) reported in a news release that it is still working to do contact tracing, and monitoring positive COVID-19 individuals.

Spectrum Health Lakeland nurses are joining forces with BCHD public health nurses to increase the capacity and effectiveness of contact tracing efforts, according to the news release.

"We are ramping up to soon be making several hundred calls in the coming days to get a better sense of a particular person's contact history and what risks may be present for them," said Nicki Britten, health officer for the BCHD, in the news release. "This process allows our team to provide information to each contact about the importance of self-quarantining and monitoring to see if they develop symptoms of COVID-19 based on their exposure."

Spectrum Health Lakeland reported that in response to an outpouring of community inquires and offers of support, it has set up a drop-off site for donations.

The site, Lakeland at Meadowbrook, 2550 Meadowbrook Road, Benton

See **CASES**, page A5

A way for kids to cope: Draw a helper

Coloma police officer invites kids to draw pictures of society's helpers

By JULIE SWIDWA
HP Staff Writer

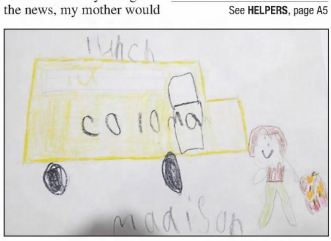
COLOMA — Like Mr. Rogers did in his television neighborhood in times of trouble, one area police agency is encouraging children to look for the helpers.

"When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping'," Fred Rogers told his young viewers decades ago.

Coloma Township Police Patrolman Dan Stuglik is bringing that sentiment to the forefront in Coloma as the ever-changing landscape of the novel coronavirus has many people afraid, including children.

"I've realized as a police officer, society is not always good at explaining to children what's going on. Things they see or hear on

See **HELPERS**, page A5



Drawing provided

Madison Pounders, 6, a kindergarten student at Coloma Elementary School, drew a school bus because bus drivers in Coloma have been delivering meals to students at their bus stops every Monday and Thursday.

The Newspaper for Southwest Michigan

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Index

Business	A4	Features	A7	State	A2	Sports	A6
Classifieds	A9	Food	A10	Obituaries	A4	Television	A7
Comics	A8	Local	A3	Puzzles	A7	Weather	A5

Tomorrow's Weather
High 47 Low 41

6 50645 49085 0

State health department orders hospitals to focus coronavirus testing on high-risk samples

By MALACHI BARRETT
mlive.com

The Michigan Department of Health and Human Services issued an emergency order requiring hospitals and other organizations testing for the coronavirus COVID-19 to focus on specimens with "public health significance."

The order, effective immediately and indefinitely, states that Michigan lacks the laboratory capacity to quickly process the samples of every person tested for the coronavirus. Facilities must put a priority on testing samples from people known to be at a higher risk of exposure.

MDHHS is ordering all facilities to follow its guidelines to prioritize testing and sampling, while also imposing additional requirements for reporting confirmed cases and deaths. The order also sets standards for how physicians and other health professionals label specimens.

"To save lives, we need to do two things: dedicate our limited lab capacity to the highest priority tests and obtain consistent, timely reports on hospital beds and PPE," MDHHS Director Robert Gordon said in a release.

Samples from people associated with active investigations of exposure sites or otherwise known to have a risk of exposure should be tested first, under the order.

All laboratory tests must be reported to MDHHS within four hours of completion of the test, whether negative or positive.

Health facilities are required to inform local health officers of a death related to the coronavirus within two hours. Deaths must be reported to the sate within 24 hours.

Michigan hospitals are also required to submit daily reports on their bed capacity. Regular reports are also required to track laboratory testing capacity, inventory of personal protection equipment, inventory of ventilators, number of patients on ventilators, staffing shortages and a census of patients.

"This is another step the state is taking toward saving lives during this pandemic," said Dr. Joneigh Khaldun, chief medical executive and chief deputy for health. "The ultimate goal is to slow the spread of the virus so our health care system doesn't get overwhelmed and we prevent as much illness as possible."

Michigan's first case of COVID-19 was confirmed on March 10. Since then, the number of confirmed cases has grown exponentially, reaching 1,328 as of March 23.

LOTTERIES

Tuesday drawings

Michigan

Poker Lotto
QD-AS-3D-8D-9D
Midday Daily 3
5-2-9
Midday Daily 4
4-3-6-7
Daily 3
2-1-8
Daily 4
6-7-8-3
Fantasy 5
05-12-26-30-33
Keno
07-09-12-14-21-22-23-24-26-28-32-33-41-42-53-54-55-61-71-72-75-79
Mega Millions jackpot
$101 million
Powerball jackpot
$150 million

Monday drawings

Indiana

Cash 5
01-33-34-40-41
Estimated jackpot
$85,001
Cash4Life
44-47-52-53-55, Cash Ball: 1
Quick Draw Midday
03-06-07-08-11-15-33-35-42-44-46-47-48-51-53-60-63-64-65-73, BE: 3
Daily Three-Midday
0-5-9, SB: 0
Daily Three-Evening
8-7-1, SB: 3
Daily Four-Midday
1-6-7-1, SB: 0
Daily Four-Evening
9-6-4-3, SB: 3
Quick Draw Evening
02-06-07-18-21-24-26-39-40-51-53-54-56-59-70-72-77-78-79-80, BE: 6

Illinois

Lotto
03-36-37-43-44-48, Extra Shot: 25
Estimated jackpot
$6.25 million
LuckyDay Lotto Midday
03-06-21-28-43
Pick Three-Midday
0-1-0, Fireball: 3
Pick Three-Evening
0-1-3, Fireball: 7
Pick Four-Midday
1-7-3-5, Fireball: 1
Pick Four-Evening
1-2-1-7, Fireball: 7
Lucky Day Lotto
07-17-30-37-40
Estimated jackpot
$650,000

– *The Associated Press*

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Michigan will mail absentee ballot applications for May 5 elections

By KATHLEEN GRAY
Detroit Free Press

All the voters in communities that are holding elections May 5 will get an absentee ballot application in the mail in an effort to keep voter turnout high, but keep people away from polling precincts on election day.

The effort is an attempt to help stop the spread of coronavirus by limiting the number who go to precincts to vote. It also will help limit the number of poll workers and protect the health of those who are particularly vulnerable to the disease. The average age of poll workers, according to the state, is 76.

"Our country has a long history of carrying out elections in times of crisis, and we are fortunate to have the tools to uphold that history today," Secretary of State Jocelyn Benson said. "Voting by mail protects public health, is highly accessible, and was clearly mandated by Michiganders when they overwhelmingly voted in 2018 to amend our state constitution and afford everyone this right."

There are 426 communities across Michigan, including nine in metro Detroit, that had scheduled May 5 elections. Most are for school millages or bond proposals. But many of those communities have decided to consolidate the election with the Aug. 4 primary election.

But some communities still wanted to hold the May 5 election because the millage they're seeking might expire before August, or they want to take advantage of school improvement bonding money for the summer construction season. If those proposals held until August, school officials said, the projects wouldn't be able to get fully underway until next year.

Those communities holding on to the May 5 election will offer in-person voting at polling precincts. But now that anyone can vote by absentee ballot because of the passage of Proposal 3 in November 2018, the state is encouraging as many people as possible to use the option.

The state's Bureau of Elections will mail absent voter ballot applications to all voters with postage-paid return envelopes, unless those voters have already requested an absent voter ballot. Included in the mailing will be a letter stating that voting absentee is the best way to cast a ballot at the moment because of the coronavirus threat.

The state also will assist local jurisdictions in ensuring postage-paid return envelopes are mailed to all who request ballots.

The absentee voting route became a popular option in the state's March 10 presidential primary, the first statewide election since no-reason absentee voting was instituted. The number of people voting by absentee ballot rose from 18 percent in 2016 to 38 percent in 2020.

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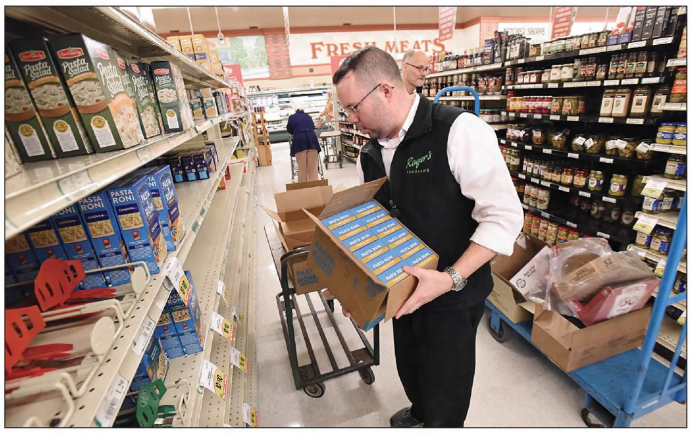
Grocery stores struggle to meet crisis demand



Photos by Don Campbell / HP staff

Area grocery stores such as Roger's Foodland in St. Joseph remain open Tuesday in the wake of Gov. Whitmer's Stay Home, Stay Safe executive order.

Store Director Zac Bernard stocks pasta Tuesday at Roger's Foodland in St. Joseph. Shoppers have been hitting area grocery stores hard in the wake of the coronavirus crisis.

By MAXWELL HARDEN
HP Staff Writer

The COVID-19 pandemic has changed the daily lives of millions of people across the country and local businesses are feeling the pressure.

Roger's Foodland in St. Joseph has felt the strain as the demand for necessities continues to increase.

"It's definitely busier around here," Roger's Foodland Rachel Bernard said. "Lots of people are stocking up on supplies. There's a lot of uncertainty. We're all taking this day by day."

On March 19, the grocery store changed its hours from 6 a.m.-9 p.m. to 7 a.m.-7 p.m. to increase time for cleaning and restocking. Then the first hour of business is dedicated to vulnerable customers, such as seniors, those with disabilities and those with people with underlying health issues.

Gov. Gretchen Whitmer's "Stay Home, Stay Safe" executive order went into effect Tuesday morning. The order directs Michigan residents to stay in their homes unless they are part of the critical infrastructure workforce, engaged in an outdoor activity, or performing tasks necessary to their health and safety, like going to the hospital or grocery store.

The order is in effect until April 13.

"It's hard," Bernard said. "We're all working more to make it work. Now that we have shorter hours it helps a bit."

Keeping shelves stocked has been difficult, with some shipments not being able to meet orders due to the increased demand for certain products.

"There are a lot of things we couldn't even get in from the warehouse," Bernard said. "Especially toilet paper. It's a high-demand product."

The St. Joseph Harding's location is also feeling the pressure to keep up with the demand.

"It's costing a lot," Harding's supervisor Samara Smith said. "People will come in asking when the trucks will come in. They want to be here when the truck comes so they can have first dibs on the products. Customers will call all day asking if products like tissue and water are available.

"Some even ask if we can set items aside for them to pick up."

The St. Joseph store has hired extra workers to keep up with the increase in business traffic and has changed its hours to 8 a.m.-8 p.m., with the first hour being reserved for vulnerable customers. Items such as toilet paper, water, eggs and cleaning products have been hard to keep stocked. The store has been out of hand sanitizer for some time.

"It's been a drastic change here," Smith said. "Some customers are taking the social distance rules very seriously. Others wear face masks and gloves. We even have some customers who will use a plastic bag to punch in their debit or credit card numbers."

While grocery stores are flooded, business has not picked up for cleaning businesses.

On Monday morning, even before Whitmer's "Stay Home, Stay Safe" executive order was announced, The Cleaning Authority owner Dave Morrissett decided to suspend his business until April 13 out of concern for his 23 employees.

"I didn't feel comfortable with having my workers work in homes during this time," he said. "The only responsible thing was to have my people stay home. I was on the fence about it because we clean and sanitize homes, which is very important."

Meat manager Al Olando weighs chicken Tuesday morning at Roger's Foodland in St. Joseph.

The Cleaning Authority is based out of St. Joseph and extends its services to all of Berrien County. With the government now urging citizens to remain home and practice social distancing, business has been hard to come by.

"There hasn't been much," Morrissett said. "We had a few customers call wanting their homes deep-cleaned. But most customers don't want people coming into their homes. People are taking this seriously and we are, too."

Contact: mharden@thehp.com, 932-0371, @HPMaxwellHarden

No Berrien County Board meeting on Thursday

By LOUISE WREGE
HP Staff Writer

ST. JOSEPH — Thursday's weekly meeting of the Berrien County Board of Commissioners has been canceled.

County Administrator Bill Wolf said the commissioners are expected to decide every Tuesday if they need to meet that week.

Residents and public officials have been scrambling to follow Gov. Gretchen Whitmer's executive orders ever since March 10, when she declared a state of emergency after the first two cases of COVID-19 were confirmed in the state.

Whitmer signed an executive order last week allowing public bodies to meet electronically through April 15, under certain conditions. But at last Thursday's weekly meeting, board Chairman Mac Elliott said it would be difficult to follow all of the demands in the order.

Whitmer signed a "Stay Home, Stay Safe" order that went into effect on Tuesday and continues through April 13, which requires state residents to stay in their homes except for essential tasks or work. More information about the order and COVID-19 can be found at www.michigan.gov/coronavirus.

The first two cases of COVID-19 in Berrien County were confirmed Saturday, with that number up to eight cases.

The most recent local information can be found at www.bchdmi.org/COVID19.

Berrien County closed its facilities to the public on Monday.

"Many county services are still available via telephone, email, fax, and through the website," according to a news release from the county.

A contact list for county departments can be found at www.berriencounty.org.

"It is important to practice social distancing by limiting in-person interaction in order to slow the transmission of COVID-19 in our region and ultimately, in order to save lives," the release stated.

Residents with COVID-19 related questions can call the Berrien County Health Department Response Hotline at 1-800-815-5485.

Contact: lwrege@TheHP.com, 932-0361, Twitter: @HPWrege

New Products vows to appeal case to state Supreme Court

By LOUISE WREGE
HP Staff Writer

ST. JOSEPH — New Products Corp. is appealing a recent decision made by the Michigan Court of Appeals concerning who owns a strip of land at the 18th hole of the Golf Club at Harbor Shores in Benton Harbor.

CEO and President Cheryl Miller said Tuesday that the Benton Harbor company filed the appeal to the Michigan Supreme Court last week.

She said that if the opinion of the court of appeals stands, "the entire system of property rights will be upended."

"About 30 laws have been ignored or changed by this ruling," she said.

At issue is a 250-foot-wide strip of land between Klock Road and the Paw Paw River. The 4.23-acre strip is west of a New Products warehouse at the corner of Klock Road and North Shore Drive.

Jeff Noel, managing director of Harbor Shores, said in an email that every court decision has been in favor of Harbor Shores, a nonprofit development.

"The Circuit Court of Berrien County ruled in Harbor Shores' favor in March 2018. The Michigan Court of Appeals affirmed the Circuit Court's decision in December 2019 and then denied New Product's request for reconsideration in March 2020," he said. "New Products is requesting a further appeal to the Michigan Supreme Court. Harbor Shores agrees with the clear rulings of the Circuit Court and the Michigan Court of Appeals and is looking forward to the conclusion of this [nearly decade long] litigation."

The Berrien County Circuit Court case was filed by New Products against Harbor Shores in 2011 – a year after the golf course opened.

That was part of the problem cited in the court of appeals 12-page opinion, which states that New Products officials knew in March 2008 that Harbor Shores planned to build the 18th hole on the disputed property.

Don Campbell / HP staff

The 18th hole at The Golf Club at Harbor Shores is pictured Tuesday morning.

"Plaintiff lodged no complaint while 1,200 truckloads filled the disputed parcel with 34,000 yards of dirt; while construction crews installed drainage, graded, and seeded the parcel; and while the Harbor Shores defendants undertook other construction projects in places that the 18th hole could have been placed," states the opinion.

Miller said her company filed the lawsuit in plenty of time because there is a 15-year statute of limitations.

She said the rulings by the trial court and court of appeals both didn't consider the true merits of the case.

"I'm hoping that justice will prevail," she said. "... I would very much like to see that property rights are preserved."

Contact: lwrege@TheHP.com, 932-0361, Twitter: @HPWrege

IN BRIEF

Twin City Players cancels rest of season

ST. JOSEPH — Two shows that had been set to be put on by the Twin City Players this season have been canceled.

The cancellation, due to recommendations to reduce social gatherings during the coronavirus pandemic, includes "The Women of Lockerbie," which had originally been postponed, and "Fun Home," which was to run June 5 to June 28.

"While this is a difficult decision, it comes out of our commitment to put the health and safety of our patrons, staff and members first," TCP Board President Kraig Kirkdorfer said in a news release.

TCP is in the process of contacting ticket holders and season flex pass holders.

The theater still plans to open its 2020-21 season in September.

For more information or to donate to the theater, visit www.twincityplayers.org.

Hartford Strawberry Festival canceled

HARTFORD — For years, the Hartford Strawberry Festival has filled Ely Park and downtown Hartford the second weekend in June.

On Tuesday, the Strawberry Festival Committee made the decision to cancel this year's event due to the growing concerns over the coronavirus.

For more information about the Hartford Strawberry Festival, visit www.facebook.com/HartfordStrawberryFest.

TCATA bus is open for essential trips

BENTON HARBOR — The Twin Cities Area Transportation Authority is asking riders to use the bus service only when absolutely necessary.

Essential trips include picking up food or prescriptions, traveling to emergency medical appointments not related to the COVID-19 pandemic, or going to work as an essential service provider.

People who are sick or showing signs of respiratory illness should not take the bus. Instead, they should call their health care provider.

More information can be found at www.mywaythere.org, or by calling 927-2268.

One arrested after chase through Lawrence

LAWRENCE — A 27-year-old Lawrence woman was arrested Monday night after police say she led them on a chase through Lawrence.

The Van Buren County Sheriff's Office reported in a news release that a deputy witnessed a vehicle traveling westbound on Red Arrow Highway just before midnight traveling 90 mph in a marked 55-mph zone.

The deputy attempted to catch up to the vehicle traveling on St. Joseph Street, south onto Blackman Street, west onto James Street, south onto Paw Paw Street, and finally east onto South Street.

Once the vehicle stopped, the passenger of the vehicle, a 23-year-old Hartford man, was apprehended after a short pursuit on foot.

The woman driver was later located, by an anonymous call, inside of an apartment at the South Street Apartments. She was arrested and will be charged with fleeing/eluding. She also had an outstanding warrant for failure to appear.

The passenger is expected to be charged with resisting and obstructing lawful orders from the deputy.

OBITUARIES

Marjorie 'Marge' Kesterke

Jan. 24, 1920 - March 20, 2020

Marjorie Kesterke, 100, of Berrien Springs passed away at 11:15 a.m. Friday, March 20, 2020, at Lakeland Medical Center, St. Joseph.

Marjorie "Marge" was born Jan. 24, 1920, at her parents' family farmhouse on Empire Avenue in Bainbridge Township. She attended the local Bainbridge School with children from kindergarten through eighth grade in a one-room schoolhouse. She worked hard on her family's fruit farm, along with her brothers, Raynold, Edward and Joseph, and sister, Delora. Along with her parents, Joseph and Frances, they were a warm, hard-working and loving family. Marge could really dance and play the piano without reading a musical note. As a youngster, she approached her life with zest and vigor. She was raised to be humble and respectful of others, and she had a strong relationship with Jesus.

Marjorie attended St. John's High School in Benton Harbor until the age of 15. At that time in our nation's history, many young people were compelled to leave school and find employment to help with the family finances, and that is exactly what Marge did. She left home to work as a live-in housekeeper for a local family. Soon after, she landed a job at Remington Rand when jobs like these were hard to find. Aside from her strong work ethic, Marge had some outstanding athletic skills and played first base for the company's softball team. As her brother Ray stated, "She is a tiny little mite, but never afraid to put the tag on an approaching runner – a force to be reckoned with!"

Dancing became her favorite form of entertainment, as she attended dances in places like the Crystal Palace, Shadowland, The Ramona, The Higman – and Japoland – the place where she met the love of her life, Charlie Kesterke, after World War II. They were married June 21, 1947, and built a life together at their home on Lake Chapin in Berrien Springs. Aside from her duties as a homemaker, she was the "go to" person when family or friends needed assistance. She was known for putting others before herself. She was a genuine person with a strong sense of empathy for others. Most importantly, she lived her faith. Marge worked at polling precincts for a number of years and worked at the Berrien County Youth Fair at the main entrance of the grounds. She was a founding member of St. Gabriel Catholic Church in Berrien Springs, and volunteered her services whenever or wherever she could.

She was preceded in death by her parents, Joseph and Frances Sieber; brothers, Raynold (Florence) Sieber, Edward (Florence) Sieber and Joseph (Donna) Sieber; and sister, Delora (Duke) Postello.

Marge is survived by her sons, Roger (Kathy) Kesterke of Berrien Springs and Michael Kesterke of Holland; and her four grandchildren: John (Denise) Kesterke of Grand Rapids (and great-grandchildren, Sydney and Jacob), Amy (Tim) Kissman of Mason (and great-grandchildren, Autumn and Sage), Dan (Jean) Kesterke of Adrian (and great-grandchildren, Ian and Rowan), and Kimberly Kesterke of Marietta, Ga., (and great-grandchild, Sophia).

A Celebration of Life and Memorial Mass will be held at a later date, due to the current health crisis our country is experiencing. Memorials can be sent to St. Gabriel Catholic Church, the Berrien Springs Area Endowment Fund, and the Berrien County Youth Fair. Messages online at www.allredfuneralhome.com.

Wayne Dean Skaggs

July 6, 1936 - March 20, 2020

Wayne Dean Skaggs, 83, of Stevensville passed away on Friday, March 20, 2020, at Hanson Hospice Center, Stevensville, in the care of his family.

A private family gathering was held at Pike Funeral Home, Boyd Chapel, 9191 Red Arrow Hwy., Bridgman, and a public Celebration of Life will be announced and held later. Final resting place will be in Hickory Bluff Cemetery. Memorial contributions may be made to Zion United Church of Christ, 9100 Third St., Baroda, MI 49101. Online condolences accepted at www.PikeFH.com.

Wayne was born July 6, 1936, in Judsonia, Ark., the son of Clarence and Elsie (Selvidge) Skaggs. On Jan. 3, 1959, he married Dorothy Rose Drews, recently celebrating 61 years together. Wayne and Dorothy were members of Zion United Church of Christ, Baroda. Wayne worked for Auto Specialties Manufacturing Co. for 16 years and retired from Scientific Notebook Company after 30 years. Wayne was a selfless man, always willing to help anyone. Roofing a house, installing a door or window, hanging drywall or wallpaper – Wayne always knew how to accomplish a project, and was more than willing to help. He loved fishing on Lake Michigan with his friends, sons and grandsons. He and Dorothy traveled often to Florida to see Detroit Tigers spring training and Disney, as well as many other destinations.

Survivors include his wife, Dorothy; three daughters, Annette (Douglas) Christy, Julie (Steven) Schlutt and Susan (Rodney) McGilvra; seven grandchildren; and two sisters, Clara Button and Linda (David) Sayle.

Wayne was also preceded in death by his parents; brothers, Robert and Harry; and a sister, Alma.

Death Notices

Joseph DiGiorgio, 96, of Three Oaks died March 24, 2020. Pobocik Chapel, Wagner Family Funerals, Three Oaks, 756-3831.

Christopher Heidinger, 66, of Niles died March 23, 2020, at home. Brown Funeral Home and Cremation Services, Niles, 683-1155.

Ellen Green Moore, 95, of St. Joseph died March 20, 2020, at Hanson Hospice Center, Stevensville. Fairplain Chapel, Florin Funeral Service, Benton Harbor, 926-7222.

Wayne D. Skaggs, 83, of Stevensville died March 20, 2020, at Hanson Hospice Center, Stevensville. Pike Funeral Home, Boyd Chapel, Bridgman, 465-3239.

Ronald Charles Waite, 80, of Lawton died March 23, 2020, at his residence. Purely Cremations – Starks Family Funeral Homes and Cremation Services, Benton Harbor, 926-9440.

Risa Voorhees

Aug. 3, 1956 - March 22, 2020

Risa Voorhees, 63, of Three Oaks died peacefully Sunday, March 22, 2020, in the comfort of her family's presence.

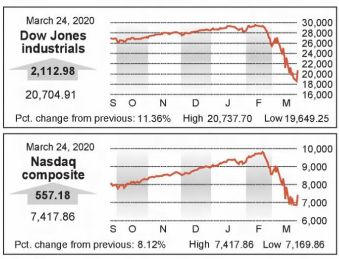
Risa was born Aug. 3, 1956, in Chicago, the middle of three children of George and Marie Flood. She married Dick Voorhees on Aug. 15, 1986, in New Buffalo. Risa and Dick spent a great deal of time fishing. She had many things she liked, including photography, music and estate sales. Risa supported her children and grandchildren in their interests. Risa will be greatly missed by family and friends.

She is survived by her husband of 33 years, Dick Voorhees of Three Oaks; two sons, Timothy (Angela) Witter of Watsontown, Pa., and David (Amanda) Witter of Three Oaks; and six grandchildren: Trace Witter, Trent Witter, Elijah Witter, Annekah Witter, Jayden Witter and Levi Witter.

She was preceded in death by her parents; two brothers, Edward Flood and Barry Flood; and one nephew, Andrew Flood.

Family and friends will gather on a date and at a time to be announced at Pobocik Chapel, Wagner Family Funerals, 106 Ash Street East, Three Oaks. Arrangements have been entrusted to Pobocik Chapel, Wagner Family Funerals, Three Oaks. Please share a memory or a message online: wagner cares.com.

MARKETS



Amer Elec Power AEP
$72.05 +.60 +.8%
▼ 4-wk. -26.6% ▼ YTD -23.8%

Whirlpool WHR
$83.21 +8.76 +11.8%
▼ 4-wk. -39.3% ▼ YTD -43.6%

LocalStocks

NAME	TICKER	52-WK RANGE LO	HI	CLOSE	CHG	%CHG	WK	MO	QTR
AT&T Inc	T	26.08	39.70	28.09	+1.32	+4.9	▼	▼	▼
AEP	AEP	65.14	104.97	72.05	+2.05	+2.9	▲	▼	▼
Apple Inc	AAPL	170.27	327.85	246.88	+22.51	+10.0	▲	▼	▼
AutoZone	AZO	684.91	1274.41	808.43	+85.21	+11.8	▲	▼	▼
BP PLC	BP	15.51	45.38	22.12	+3.93	+21.6	▲	▼	▼
CMS Eng	CMS	46.03	69.12	51.43	+2.92	+6.0	▲	▼	▼
CocaCola	KO	36.27	60.07	39.45	+1.89	+5.0	▲	▼	▼
Comcast	CMCSA	31.71	47.74	34.64	+.47	+1.4	▲	▼	▼
Deere	DE	106.14	180.48	126.00	+14.85	+13.4	▲	▼	▼
Disney	DIS	79.07	153.41	98.12	+12.36	+14.4	▲	▼	▼
DollarTree	DLTR	60.20	119.71	79.66	+3.29	+4.3	▲	▼	▼
ExxonMbl	XOM	30.11	83.49	35.44	+3.99	+12.7	▲	▼	▼
FifthThird	FITB	11.10	31.64	14.41	+2.25	+18.5	▲	▼	▼
1stSource	SRCE	26.07	53.42	30.24	+2.99	+11.0	▲	▼	▼
FordM	F	3.96	10.56	4.95	+.94	+23.4	▲	▼	▼
GenElec	GE	5.90	13.26	7.01	+.90	+14.7	▲	▼	▼
HomeDp	HD	140.63	247.12	184.72	+22.33	+13.8	▲	▼	▼
HorizBcp	HBNC	7.42	19.48	9.00	+.85	+10.4	▲	▼	▼
HuntBncsh	HBAN	6.85	15.63	7.43	+.43	+6.1	▼	▼	▼
IDEX	IEX	104.56	178.14	119.99	+5.34	+4.7	▲	▼	▼
IBM	IBM	90.56	158.75	105.48	+10.71	+11.3	▲	▼	▼
JPMorgCh	JPM	76.91	141.10	88.43	+9.40	+11.9	▲	▼	▼
JohnJn	JNJ	109.16	154.50	119.18	+8.04	+7.2	▼	▼	▼
Lowes	LOW	60.00	126.73	77.30	+9.50	+14.0	▲	▼	▼
McDnlds	MCD	124.23	221.93	161.95	+24.85	+18.1	▲	▼	▼
Microsoft	MSFT	115.52	190.70	148.34	+12.36	+9.1	▲	▼	▼
MillerHer	MLHR	14.39	49.88	21.45	+2.03	+10.5	▲	▼	▼
Penney	JCP	0.36	1.51	.44	+.04	+9.8	▼	▼	▼
Perrigo	PRGO	40.17	63.86	45.21	+2.94	+7.0	▲	▼	▼
Pfizer	PFE	27.88	44.56	29.70	+1.21	+4.2	▲	▼	▼
ProctGam	PG	94.34	128.09	103.27	+5.57	+5.7	▲	▼	▼
RepubSvc	RSG	65.37	100.91	71.49	+5.23	+7.9	▼	▼	▼
Steelcse	SCS	7.02	23.02	10.03	+.57	+6.0	▲	▼	▼
Stryker	SYK	124.54	226.30	143.44	+16.94	+13.4	▲	▼	▼
TCF Finl	TCF	16.96	47.46	22.69	+3.74	+19.7	▲	▼	▼
Target	TGT	70.03	130.24	100.56	+3.87	+4.0	▲	▼	▼
TractSupp	TSCO	63.89	114.25	80.02	+1.96	+2.5	▲	▼	▼
UPS B	UPS	82.00	125.31	95.26	+3.36	+3.7	▲	▼	▼
VerizonCm	VZ	49.02	62.22	49.99	-.32	-0.6	▼	▼	▼
WEC Engy	WEC	68.01	109.53	80.21	+9.32	+13.1	▲	▼	▼
WalMart	WMT	96.79	128.08	115.03	+.75	+0.7	▲	▼	▼
WalgBoots	WBA	40.52	64.50	45.25	+1.64	+3.8	▼	▼	▼
Wendys Co	WEN	6.82	24.04	14.06	+2.64	+23.1	▲	▼	▼
Whrlpl	WHR	64.00	163.64	83.21	+18.99	+29.6	▲	▼	▼
Worthgtn	WOR	19.28	44.69	22.40	+1.39	+6.6	▲	▼	▼
XPO Logis	XPO	38.47	100.18	46.19	+1.82	+4.1	▲	▼	▼

hp Visit The Herald-Palladium online www.TheHP.com

Whitmer says medics are reusing face masks, asks for donations

State cases surge to 1,791

By GUS BURNS
mlive.com

LANSING — Protective gear is so scarce during spread of COVID-19 that medical staff are reusing face masks, Michigan Gov. Gretchen Whitmer says.

Whitmer is now asking Michigan residents and businesses to donate much-needed supplies, including hospital gowns, ventilators, sanitizer, gloves, surgical masks, protective face masks and no-touch thermometers.

"Our brave medical professionals and first-responders are on the front lines of keeping us safe, and we must do everything we can to protect them and every Michigander we can from the spread of COVID-19," Whitmer said in a statement released Tuesday afternoon. "Right now, medical professionals across the state are forced to reuse face masks. This increases the risk of spreading COVID-19 during a time when we should do everything we can to mitigate it.

"We're not getting the tools we need from the federal government, so it's on all of us to work together to protect each other."

Michigan has 1,791 confirmed cases of coronavirus, including 24 deaths, the Michigan Department of Health and Human Services said Tuesday.

Whitmer said several business efforts illustrate the contribution she said is needed. She noted a new partnership created between Ford, 3M, the UAW and GE Health Care to manufacture respirators and plans by Mammoth Distillery, with locations in Central Lake, Bellaire and Traverse City, to make and donate hand sanitizer to health care workers.

Whitmer last week loosened laws through an executive order so that alcohol distillers could also manufacture sanitizer.

"Our clinicians are working tirelessly to care for those affected by this pandemic," Michigan Department of Health and Human Services Chief Deputy for Health and Chief Medical Executive Dr. Joneigh Khaldun said. "They deserve to be able to do their jobs safely and these donations will help protect the health and safety of both providers and patients."

Anyone interested in making a donation is asked to contact the Michigan Community Service Commission at COVID19donations@michigan.gov, or 517-335-4295.

Can blood from coronavirus survivors treat the newly ill?

By LAURAN NEERGAARD
Associated Press

WASHINGTON — Hospitals are gearing up to test if a century-old treatment used to fight off flu and measles outbreaks in the days before vaccines, and tried more recently against SARS and Ebola, just might work for COVID-19, too: using blood donated from patients who've recovered.

Doctors in China attempted the first COVID-19 treatments using what the history books call "convalescent serum" – today, known as donated plasma – from survivors of the new virus.

Now a network of U.S. hospitals is waiting on permission from the Food and Drug Administration to begin large studies of the infusions both as a possible treatment for the sick and as vaccine-like temporary protection for people at high risk of infection.

There's no guarantee it will work.

"We won't know until we do it, but the historical evidence is encouraging," Dr. Arturo Casadevall of Johns Hopkins University's school of public health told The Associated Press.

Casadevall drew on that history in filing the FDA application. The FDA is "working expeditiously to facilitate the development and availability of convalescent plasma" a spokesman said.

Here are some questions and answers about this latest quest for a treatment.

What exactly is this possible therapy?

It may sound like "back to the Stone Age," but there's good scientific reason to try using survivors' blood, said Dr. Jeffrey Henderson of Washington University School of Medicine in St. Louis, who coauthored the FDA application with Casadevall and another colleague at the Mayo Clinic.

When a person gets infected by a particular germ, the body starts making specially designed proteins called antibodies to fight the infection. After the person recovers, those antibodies float in survivors' blood – specifically plasma, the liquid part of blood – for months, even years.

One of the planned studies would test if giving infusions of survivors' antibody-rich plasma to newly ill COVID-19 patients would boost their own body's attempts to fight off the virus. To see if it works, researchers would measure if the treatment gave patients a better chance of living or reduced the need for breathing machines.

One caution: While regular plasma transfusions are a mainstay of medicine, very rarely they can cause a lung-damaging side effect.

Could it also act like a vaccine?

Sort of, but unlike a vaccine, any protection would only be temporary.

A vaccine trains people's immune systems to make their own antibodies against a target germ. The plasma infusion approach would give people a temporary shot of someone else's antibodies that are short-lived and require repeated doses.

Still, if FDA agrees, a second study would give antibody-rich plasma infusions to certain people at high risk from repeated exposures to COVID-19, such as hospital workers or first responders, said Dr. Liise-anne Pirofski of New York's Montefiore Health System and Albert Einstein College of Medicine. That also might include nursing homes when a resident becomes ill, in hopes of giving the other people in the home some protection, she said.

"We need both things desperately," Pirofski said. "We need to be able to break the cycle of transmission and we also need to be able to help people who are ill."

What's the history?

These plasma infusions were used most famously during the 1918 flu pandemic, and against numerous other infections, such as measles and bacterial pneumonia, before vaccines and modern medicines came along. Long-ago research is sketchy. But in the Journal of Clinical Investigation earlier this month, Casadevall and Pirofski cited evidence that 1918 flu patients given the infusions were less likely to die. And a 1935 medical report detailed how doctors stopped a measles outbreak from sweeping through a boarding school using "serum" from prior patients.

The old-fashioned approach still is dusted off every so often to tackle surprise outbreaks such as SARS in 2002, and in 2014 when Ebola survivors' plasma was used to treat other patients during the West Africa epidemic. Even during those recent outbreaks, strict studies of the technique were not done, but Casadevall said there were clues that the plasma helped.

Casadevall thinks that when it didn't work, it may have been used too late. "Somebody at the end of their lives, it's very hard to affect" any disease at that point, he cautioned.

A more modern approach is to brew this type of antibody in the lab, something Regeneron Pharmaceuticals and other companies are working on. Using blood from COVID-19 survivors is a decidedly more labor-intensive approach – but researchers could start banking the plasma as soon as regulators give the OK.

DO YOU REMEMBER?

25 years ago - 1995

Lakeshore found out Friday night why Detroit Country Day is the state's top-rated Class B basketball team. The Yellowjackets stung the Lancers early before a Class B semifinal record crowd at the Breslin Center in Lansing.

After a 22-2 lead in the game's first five minutes, Country Day never looked back while cruising to an 84-32 victory. The 50-point loss was the largest ever in state finals competition.

35 years ago - 1985

Diane Novacek, a senior at River Valley High School, became the third Three Oaks Blossom Queen to win the title of Miss Blossomtime when she received the 1985 crown before a packed house tonight at Lakeshore High School auditorium.

First runner-up was Miss St. Joseph, Vicki Noll. Second runner-up was Miss Stevensville, Karen Workinger.

50 years ago - 1970

Plans to open a Lutheran high school in the Twin Cities area in September moved forward this week with the appointment of a coordinator to begin formation of the school. Officers of the board of regents of the Southwestern Michigan Lutheran High School Association selected Elmer Dobberstein, on the faculty of Concordia College, Bronxville, N.Y., for the position. The board revealed that the school will open in September for ninth grade students only, and the tenth, eleventh and twelfth grades will be added in succeeding years.

TODAY IN HISTORY

By THE ASSOCIATED PRESS

Today is Wednesday, March 25, the 85th day of 2020. There are 281 days left in the year.

Highlight in history:

On March 25, 1931, in the so-called "Scottsboro Boys" case, nine young black men were taken off a train in Alabama, accused of raping two white women; after years of convictions, death sentences and imprisonment, the nine were eventually vindicated.

On this date:

In 1911, 146 people, mostly young female immigrants, were killed when fire broke out at the Triangle Shirtwaist Co. in New York.

In 1915, the U.S. Navy lost its first commissioned submarine as the USS F-4 sank off Hawaii, claiming the lives of all 21 crew members.

In 1947, a coal-dust explosion inside the Centralia Coal Co. Mine No. 5 in Washington County, Illinois, claimed 111 lives; 31 men survived.

In 1963, private pilot Ralph Flores and his 21-year-old passenger, Helen Klaben, were rescued after being stranded for seven weeks in brutally cold conditions in the Yukon after their plane crashed.

In 1965, the Rev. Martin Luther King Jr. led 25,000 people to the Alabama state capitol in Montgomery after a five-day march from Selma to protest the denial of voting rights to blacks. Later that day, civil rights activist Viola Liuzzo, a white Detroit homemaker, was shot and killed by Ku Klux Klansmen.

5-Day Forecast for St. Joseph

Today	Tonight	Thursday	Friday	Saturday	Sunday
Partly Cloudy	Chance Rain	Scattered Rain	Showers Likely	Showers Likely	Scattered Rain
48°	40°	47° / 41°	45° / 39°	55° / 40°	43° / 36°

Local Outlook

Today we will see partly cloudy skies with a high temperature of 48°, humidity of 72%. South wind 5 to 8 mph. Expect mostly cloudy skies tonight with a 40% chance of rain, overnight low of 40°. South wind 6 to 15 mph.

Sun and Moon

Sunrise	7:39 a.m.
Sunset	8:04 p.m.
Moonrise	8:35 a.m.
Moonset	9:22 p.m.

First	Full	Last	New
4/1	4/7	4/14	4/22

Local Almanac

Benton Harbor Yesterday

Temperature

High	47°
Low	28°
Normal High	50°
Normal Low	31°
Record High	81° in 2017
Record Low	11° in 2015

Precipitation

Yesterday	0.00"
Month to date	1.44"
Normal for month	1.84"
Year to date	6.36"
Normal Year to date	5.01"

Air Quality

Yesterday 52

Main Offender ..... Particles

The higher the number, the greater the need for people with respiratory problems to reduce outside activity.

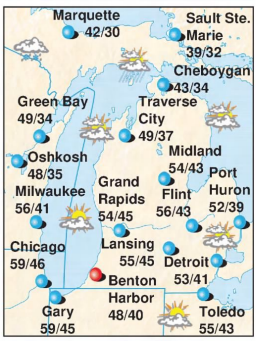
0-50 ..... Good
51-100 ..... Moderate
101-150 ..... Sensitive
151-200 ... Unhealthy

Weather Trivia

Which area is warmer, the North Pole or the South Pole?

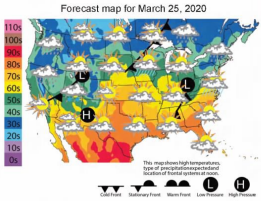
Answer: The North Pole.

Regional Map



National Weather Map

Forecast map for March 25, 2020



For latest weather updates: **www.UpdatedWx.com/HP**

Lake Michigan

Today, S wind around 6 kt. Waves 1 ft or less. Water temperature 36 degrees. Tonight, SSE wind 5 to 13 kt. A chance of showers. Waves 1 to 2 ft.

Michigan Forecast

Upper Peninsula

Today, skies will be mostly cloudy with isolated rain and snow, highs in the 30s and 40s. South southwest wind 10 mph. Expect mostly cloudy skies Thursday with scattered rain, highs in the 30s and 40s. West northwest wind 5 to 10 mph.

Lower Peninsula

Today, skies will be partly cloudy with highs in the 40s and 50s. South wind 5 to 8 mph. Expect cloudy skies Thursday with scattered rain, highs in the 40s and 50s. South southwest wind 8 to 12 mph.

SPRING THAW

Don Campbell / HP staff

Snowmen quickly melt in Tuesday's mild temperatures at a home along Sunset Drive in St. Joseph, a day after a snowfall blanketed the area.

Governors reject Trump's virus timeline

By PAUL J. WEBER and JONATHAN J. COOPER
Associated Press

AUSTIN, Texas — Governors across the nation on Tuesday rejected President Donald Trump's new accelerated timeline for reopening the U.S. economy, as they continued to impose more restrictions on travel and public life in an attempt to curb the spread of the coronavirus.

The dismissal of Trump's mid-April timeframe for a national reopening came from Republicans and Democrats, from leaders struggling to manage hot spots of the outbreak and those still bracing for the worst. Maryland Gov. Larry Hogan, the head of the National Governors Association and a Republican, called the messaging confusing since most leaders are still focused on enforcing the restrictions, not easing them. He accused the White House of running on a schedule made of some "imaginary clock."

The pushback suggests Trump's talk of an early reboot is unlikely to gain traction. In most cases, it's state leaders – not the federal government – who are responsible for both imposing and lifting the stay-at-home orders and other restrictions intended to stop the contagion.

But the governors' reaction also revealed the striking disconnect and growing tensions between Trump and the state leaders closer to the front lines of a crisis that threatens to overwhelm U.S. hospitals and claim thousands of lives.

The president is eager to get the U.S. back to work as the crisis takes a political toll and the economy, which had been the cornerstone of his re-election bid, begins to wobble. The economic damage could be worse than the death toll from the virus, he has said. As soon as next week, Trump wants to take another look at recommendations about business closures and self-isolation, and said Tuesday the country could reopen by Easter Sunday – less than a month away. "Our people want to return to work," he said.

But governors suggested that view had little connection to the reality they're facing. California Democratic Gov. Gavin Newsom said he and Trump are "clearly operating under a different set of assumptions." California, home to 40 million people and the world's fifth-largest economy, reported hundreds of new known cases of COVID 19 and now has more than 2,200, according to a tally by Johns Hopkins University.

In New York, Democratic Gov. Andrew Cuomo on Tuesday said the infection rate was doubling every three days and pleaded for more federal help as the number of cases in the state surpassed 20,000.

"If you ask the American people to choose between public health and the economy, then it's no contest. No American is going to say accelerate the economy at the cost of human life," Cuomo told reporters Tuesday. "Job one has to be save lives. That has to be the priority."

Even some of Trump's usual allies are continuing to move ahead with tighter controls on travel, commerce and mobility, despite the president's words. In Texas, Republican Gov. Greg Abbott has endorsed stay-at-home orders that continued to spread through the biggest cities.

Prosecutor: 2 men freed from prison due to police misconduct

DETROIT (AP) — A judge on Tuesday dismissed the convictions of two men in prison for drug crimes, including one who has been locked up for more than seven years, after prosecutors said the cases were spoiled by Detroit police misconduct.

"These are the first cases that deal directly with fraudulent search warrant affidavits and other activities by highly unethical and compromised narcotics police officers," Wayne County prosecutor Kym Worthy said.

"These cases take time to review, and we expect that there will be more. I will not hesitate to free other wrongfully convicted individuals if we find tainted or fraudulent evidence," Worthy said.

HELPERS

From page A1

social media may or may not be true. This is an opportunity for adults to talk with children about what's going on, and find some good in it. There's always someone who is helping," said Stuglik.

He is Coloma's school resource officer and is making an effort to continue to connect with children while they are out of school. So he started the "Who Are the Helpers?" initiative. Children are invited to think of a helper, draw that person, and mail their picture to the police station. Anyone can be a helper, from the postal carrier who brings the mail to the grocery bagger, the auto mechanic or the nurse who takes care of sick people, he said.

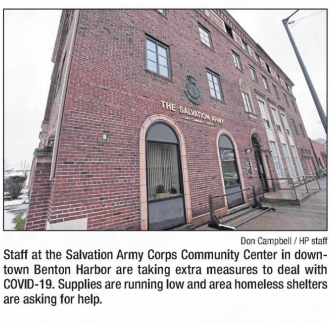
Stuglik will either display the pictures around town or give them to the helpers.

"My plan originally was to hang them around town. But now that people can't go anywhere, I'm thinking of a different plan," he said. "For example, one child already drew a bus driver, because they are delivering food to kids while schools are closed. So that one might go up in the bus garage."

Stuglik said that besides giving children something productive to do, he hopes the "Who Are the Helpers?" initiative will help lift the spirits of some of the many helpers in the community.

Children can mail their drawings to: Coloma Township Police Department, Attention Officer Dan, 4919 Paw Paw Lake Road, Coloma, MI, 49038.

Contact: jswidwa@TheHP.com, 932-0359, twitter@hpswidwa



Don Campbell / HP staff

Staff at the Salvation Army Corps Community Center in downtown Benton Harbor are taking extra measures to deal with COVID-19. Supplies are running low and area homeless shelters are asking for help.

SHELTERS

From page A1

fearful. We've been trying to keep the moral up. We will continue to support our staff and the clients while we go through this."

Vidt said in the next few weeks, the SWMCAA will announce a big giveaway to families in need, but for now, they need cleaning and safety supplies.

"We've not been able to get a handle on any of those supplies," Vidt said. "We need everything."

She said their offices are taking phone calls and inquires on how to help are welcome by calling 925-9077.

Volunteers for homeless shelters, food pantries and soup kitchens are exempt from Governor Gretchen Whitmer's executive "stay at home" order issued Monday.

Contact: anewman@TheHP.com, 932-0357, Twitter: @HPA Newman

CASES

From page A1

Harbor, will be open from 7:30 a.m. to 4 p.m., Monday to Friday.

Traveling to drop-off sites to donate medical supplies does not violate Michigan's statewide stay-at-home order, which allows for an exception to the order for providing necessities to "individuals who need assistance as a result of this emergency."

Donors are being asked to call 927-5361 when they arrive at the drop-off site for further instructions to reduce the risk of exposure for all.

At this time, Spectrum Health Lakeland is not currently accepting donations of hand-sewn masks, other medical equipment, medications, or blankets, according to the release.

More information and a list of items being accepted can be found at spectrumhealthlakeland.org/covid19.

The BCHD will provide daily count updates, as well as other important information, to the community via its website, www.bchdmi.org, social media and hotline, 1-800-815-5485.

hp SPORTS

On hold: Tokyo Olympics postponed to 2021

By EDDIE PELLS, STEPHEN WADE AND MARI YAMAGUCHI
Associated Press

TOKYO — The IOC announced a first-of-its-kind postponement of the Summer Olympics on Tuesday, bowing to the realities of a coronavirus pandemic that is shutting down daily life around the globe and making planning for a massive worldwide gathering in July a virtual impossibility.

The International Olympic Committee said the Tokyo Games "must be rescheduled to a date beyond 2020, but not later than summer 2021, to safeguard the health of the athletes, everybody involved in the Olympic Games and the international community."

It was an announcement seen as all but a certainty as pressure mounted from nervous athletes, sports organizations and national Olympic committees – all forced to deal with training and qualifying schedules, to say nothing of international anti-doping protocols, that have been ruptured beyond repair.

Four-time Olympic hockey champion Hayley Wickenheiser, the first IOC member to criticize the body's reluctance to postpone, called it the "message athletes deserved to hear."

"To all the athletes: take a breath, regroup, take care of yourself and your families. Your time will come," she wrote on Twitter.

IOC President Thomas Bach and Japanese Prime Minister Shinzo Abe spoke via phone Tuesday morning, and they, along with a handful of executives from the IOC and Japan's organizing committee, agreed to make the call to delay games that have been reported to cost upward of $28 billion to stage.

Other Olympics – 1916, 1940 and 1944 – have been canceled because of war, but none have ever been postponed for any reason, let alone a renegade virus that has accounted for more than 375,000 cases worldwide, with numbers growing exponentially. The Tokyo Games would still be called the 2020 Olympics, even though they will be held in 2021 – the first time the games will be held in an odd-numbered year since the modern era began in 1896.

"The leaders agreed that the Olympic Games in Tokyo could stand as a beacon of hope," the IOC said in a statement.

The decision offers a sense of relief for the 11,000 or so potential Olympians from more than 200 countries, who no longer have to press forward with training under near-impossible conditions, unsure of when, exactly, they need to be ready – and for what.

Jean-Christophe Bott

The Olympic Rings are displayed at the entrance of the IOC, International Olympic Committee headquarters on Tuesday.

"Thankful to finally have some clarity regarding The Olympic Games. A huge decision but I think the right one for sure," British sprinter Adam Gemili said on Twitter. "Time to regain, look after each other during this difficult period and go again when the time is right!"

One reason the IOC took longer to make the decision was because it wanted to figure out logistics. It will be a daunting challenge. Many of the arenas, stadiums and hotels are under contract for a games held from July 24 to August 9. Remaking those arrangements is doable, but will come at a cost. There are also considerations beyond the price tag. Among them: The $1 billion-plus the IOC was to receive from NBC, the millions in smaller athlete endorsement contracts that are now in limbo, the budgets of the individual national Olympic committees, to name a few.

There's also the matter of the international sports schedule. Nearly all 33 sports on the Olympic program have key events, including world championships, on the docket for 2021. Perhaps the best example of what a disruption this can cause would come from track. Famous Hayward Field at University of Oregon was rebuild and expanded at the cost of $200 million to hold next year's world championships. Now that event will likely be postponed.

"There are a lot of pieces of a huge and very difficult jigsaw puzzle," Bach said.

But for weeks, it was becoming increasingly clear that pressing on with a July 24 starting date was no longer a choice.

Just about every sport across the globe has suspended play in the wake of the pandemic. The worldwide economy is faltering and people are increasingly being told it's not safe to congregate in large groups or, in some cases, even to leave their homes. Gyms are closed across America. Holding Olympic trials in a matter of months was becoming untenable.

Olympic committees in Canada and Australia were saying they either would not, or could not, send a team to Tokyo in July. World Athletics and the three biggest sports in the United States – swimming, track and gymnastics – were calling for a postponement.

PHOTO OF THE DAY

Don Campbell / HP staff See more photos: heraldpalladium.mycapture.com

Lakeshore's Riley Pifer looks to pass while under pressure from Kalamazoo Central's Alaila Walker, left and Kendal Vandam during the first half of a Division 1 District semifinal March 4 at Lakeshore High School.

While live sports is on hold, The HP is reprinting some of Photo Editor Don Campbell's favorite photos from the recent high school sports season.

IN BRIEF

Ex-Coloma standout Goodline enters transfer portal

Oakland University guard and former Coloma boys basketball standout Zach Goodline has entered the NCAA transfer portal, according to The Detroit News.

The former all-stater started one game for the Golden Grizzlies this past season, played in 11 games overall with a season high of six points scored at Cleveland State on Jan. 11.

Dayton double: Flyers' Toppin, Grant claim AP top honors

NEW YORK (AP) — Obi Toppin and Anthony Grant spent the season transforming Dayton from an unranked team that wasn't even picked to win its conference into one of the nation's best, complete with the most wins in program history.

The pair behind the Flyers' remarkable rise claimed The Associated Press' top individual honors: Toppin is the men's college basketball player of the year and Grant is the coach of the year.

"Our team is very appreciative of what we accomplished," Toppin told the AP, "just because we made history at our school."

Indeed. Dayton (29-2) went from being picked to finish third in the Atlantic 10 to No. 3 in the final Top 25 poll, matching the program's best poll finish, first set in 1956. The Flyers went unbeaten in league play and in road games, leaving them positioned to claim a No. 1 seed in the NCAA Tournament that was canceled amid concerns about the coronavirus pandemic.

Now Dayton has its first winners of the AP's top awards, joining St. Joseph's in 2004 (with Jameer Nelson and coach Phil Martelli) as the only programs in the past 40 seasons to claim both in the same year.

The 6-foot-9, 220-pound Toppin followed his unanimous selection to the AP All-America first team by appearing on 34 of 65 ballots from Top 25 voters, who submitted ballots after the cancellation of the NCAA Tournament.

Colonial plans for tournament that might not happen

Doug Ferguson
On the Fringe

Michael Tothe was supposed to be at the World Golf Championships event this week in Austin, Texas, to resume recruiting players for the Charles Schwab Challenge at Colonial.

Even though the tournament is still two months away, this is the time to beef up advertising and fill out the roster of its 1,500 volunteers. Colonial is the next event on the PGA Tour schedule. Tothe, the tournament director, has no choice but to plan as though it will happen.

Even though it might not.

"We're a memo, a phone call, a declaration away," Tothe said Tuesday. "What we talk about today could change tomorrow."

Consider how much has changed in so little time because of the new coronavirus.

Two weeks ago, PGA Tour Commissioner Jay Monahan was discussing the tour's new media rights deal as Rory McIlroy was preparing to defend his title at The Players Championship. Since then, the Masters and PGA Championship were postponed. Monahan canceled the next four events on the schedule, and then the next four after that. Next up is Colonial, scheduled for May 21-24.

Behind it are the Rocket Mortgage Classic and the Memorial, each proceeding on parallel paths – one in which the tournament will be played, another that it won't.

Tournament directors feel for the Valspar Championship, the first tournament fully erased from the schedule. It was canceled with three days' notice after paying to have the sprawling infrastructure erected – grandstands, hospitality tents, signage, everything.

Colonial is in a holding pattern.

"It's business as usual, but it's really not," Tothe said. "At this moment, we've stopped spending anything on advertising. We've delayed our build. We're reaching out to all our corporate partners and charities, updating them. We're still recruiting volunteers. We're being fiscally responsible, erring on the side of communication."

Communication is about the only game in town, even if there's nothing to say.

"There's just tons of questions," said Tyler Dennis, the tour's chief of operations. He said the Tournament Business Affairs division is in daily contact with tournaments, from those that have been canceled to those still months away and wondering what contingency plans should be developed.

The U.S. Open is going through a similar drill, uncertain if can proceed June 18-21 at Winged Foot in New Rochelle, New York.

USGA spokesman Craig Annis said workers stopped building structures more than a week ago based on guidance from the Centers for Disease Control and Prevention, and New York Gov. Andrew Cuomo signed an order that took effect Sunday night directing all nonessential businesses in the state to close in-office personnel functions.

"Based on where things stand now and the latest restrictions put on the area and throughout the state of New York, we do not know when the build-out can proceed," Annis said in an email. "At this time, one of the known impacts is the championship corporate hospitality program.

"This does not mean we will not be able to host fans at the 2020 U.S. Open, only that we can no longer fulfill the needs of all of our corporate hospitality clients."

He said postponement was a possibility, but that decision was still a month away. Tothe often refers to the Colonial situation as being on the razor's edge.

"You get excited about being the first tournament back, and what it means to charities, the community, Colonial, Schwab, the players," he said. "And then you pull yourself back. People are hurting. They're losing jobs. Just give us the opportunity to allow people for four or five days to be outside and experience golf. But the worst nightmare if someone close to you gets infected. We're not going to endanger anybody."

If Colonial gets canceled, Tothe and his team go from there.

Richard W. Rodriguez / AP

Kevin Na, front left, is congratulated by Charles Schwab after winning the Charles Schwab Challenge golf tournament on May 26, 2019. The Colonial is the next event on the PGA Tour schedule. The tournament is trying to prepare without knowing if the new coronavirus will lead to it being canceled.

Or if it stays on schedule, he can envision at least having enough time to put up ropes and a few concession stands.

"Colonial will look different than a normal year," he said.

Tothe thought back to nearly three years ago when the tournament lost its title sponsor. There were questions whether Colonial – which dates to 1946 when Ben Hogan won the first of five titles on a course that became known as "Hogan's Alley" – would even be on the PGA Tour schedule.

Ultimately, the tournament was self-funded and branded as the "Fort Worth Invitational," and then Schwab stepped in as the title sponsor.

"Those were some sleepless nights, but it's all relevant," Tothe said. "That was scary. This is a different kind of scary. This is life and death. Back in '17 it was just livelihood. Maybe that prepared us to manage this better than others would. So we focus on what's important, and make sure everyone is safe.

"We're at peace with whatever happens."

PRIME TIME TV

WEDNESDAY EVENING MAR. 25

	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
ABC (7) (13) (41) (57)	Wheel of Fortune	The Goldbergs (N)	Schooled (N)	Modern Family	Housewife	Stumptown "All Hands on Dex"	
CBS (2) (3) (22)	Ent. Tonight	Survivor "We're in the Majors" (N)		:01 SEAL Team (N) (DVS)		S.W.A.T. "Hotel L.A." (N)	
NBC (5) (8) (16)	NBC5 News	Chicago Med "In the Name of Love" (N)		Chicago Fire "I'll Cover You" (N)		Chicago P.D. "Lines" (N) (DVS)	
FOX (17) (22) (28) (32)	Modern Family	The Masked Singer (N) (DVS)		:01 LEGO Masters "Good Vs. Evil" (N)		Fox 17 News at 10:00PM (N)	
PBS (34)	Great Lakes	Nature		NOVA "Transplanting Hope"		Earth's Sacred Wonders (N)	
CW (25)	Big Bang Theory	Penn & Teller: Fool Us		Whose Line Is It?	Whose Line Is It?	News	Seinfeld
MNT (39)	Family Feud	Chicago P.D. "In a Duffel Bag"		Dateline "While They Were Sleeping"		Dateline "The Devil and Bobbi Parker"	
WCIU (26)	Mike & Molly	Penn & Teller: Fool Us		Whose Line Is It?	Whose Line Is It?	2 Broke Girls	2 Broke Girls
WHME (46)	:00 Heartland	Heartland "Riding Shotgun"		Highway to Heaven		The List (N)	Celebrity Page (N)
WGN (9)	News	black-ish	black-ish	Last Man Standing	Last Man Standing	WGN News at Nine (N) (L)	
A&E	Live PD Presents	Live PD Presents	Live PD Presents	Live PD Presents	Live PD Presents	Live PD Presents	Live PD Presents
AMC	Matrix Reloaded	★★ Road House ('89) Patrick Swayze. A legendary bouncer agrees to tame a notorious gin mill.					First Blood
Animal	Lone Star	Lone Star Law: Uncuffed (N)				Lone Star Law	
BET	Why Did I Get Married?			Tyler Perry's Sistas		Twenties	Boom
Big Ten	BTN in 60	BTN Basketball in 60		BTN Basketball in 60		BTN Basketball in 60	
Bravo	Summer House	Summer House (N)		Summer House "Exes and On-No's"		Housewives	Housewives
Cartoon	Apple	Home	Burgers	Burgers	Rick	American	American
Cinemax	The Operative ('19)	★★★ Unstoppable ('10, Action) Denzel Washington.		:43 ★★ Skyscraper ('18, Action) Dwayne Johnson.			
CMT	Last Man	Mom	Mom	Mom	Mom	CMT Crossroads (N)	
CNBC	Shark	Shark Tank		Shark Tank		The Deed: Chicago	
CNN	OutFront	Anderson Cooper		Cuomo Prime Time		CNN Tonight	
Comedy	South Pk	South Pk	South Pk	South Park			Nora
Discovery	Expedition Un.	Expedition Unknown Josh investigates the Bermuda Triangle. (N)				Coronavirus: Dangerous Supervirus?	
Disney	Bunk'd	Sydney	Coop	Gabby	Just Roll	Bunk'd	Raven
DIY	Barnwood	Holmes & Holmes		Holmes & Holmes		Holmes & Holmes	
E!	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Funny
ESPN	:00 O.J.: Made in America			O.J.: Made in America (Part 4 of 5)			
ESPN2	UFC	UFC Reloaded (N)					
ESPNC	6:00 NBA	MLB Baseball				MLB Baseball	
Food	Grocery	Guy's Games		Guy's Games		Tournament	
Fox News	The Story	Tucker Carlson		Hannity (N)		The Ingraham Angle	
Fox Sports	NBA Basketball: Pistons at Rockets				Pistons Live		Spartans
Freefrm	6:30 ★★★ Guardians of the Galaxy ('14) Chris Pratt.			Motherland: Fort Salem "My Witches"		Motherland: Fort Salem "My Witches"	
FX	:00 ★★ The Fate of the Furious ('17) Vin Diesel. A mysterious woman forces Dom to betray the crew.					★★★ The Martian ('15)	
Golf	PGA Tour	PGA Tour Golf From Austin, Texas.					
Hallmark	Perfect Bride	Love by Chance ('16, Romance) Ben Ayers, Beau Garrett, Brenda Strong.				Golden Girls	Golden Girls
HBO	6:45 Westworld	Westworld People put up a lot of walls.		★★ X-Men: Dark Phoenix ('19) James McAvoy, Michael Fassbender.			
History	Forged	Forged in Fire		Forged in Fire (N)		Eating	Eating
HGTV	Hunters	Property Brothers		Property Brothers		Hunters	Hunt Intl
Learning	My 600-	My 600-Lb. Life "Dominic's Story" (N)				Dr. Pimple Popper	
Lifetime	Married-Sight	Married at First Sight "Secrets and Lies" The five couples embrace vulnerability. (N)				:03 Bride & Prejudice: Forbidden Love	
MSNBC	Decision	All In With		Rachel Maddow		The Last Word	
MTV	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.
NBCSCH	Pregame	To Be Announced				White	Postgame
NFL	NFL Total	The 101 Awards (N)		A Football Life		A Football Life	
Nick	Sponge.	Dylan	Sponge.	Friends	Friends	Friends	Friends
NGEO	Locked	Locked Up Abroad		Locked Up Abroad		:03 Borderforce USA	
Oxygen	:00 Snapped	Snapped "Sahara Fakhir"		Snapped A devoted father goes missing.		Snapped A beloved bar owner is killed.	
Parmt	Two Men	Movie					
Showtime	Seven Pounds	★★ The Holiday ('06, Romance-Comedy) Cameron Diaz, Kate Winslet.				:15 ★★★ Good Will Hunting	
Starz	:01 ★★ Battle: Los Angeles ('11) Aaron Eckhart.			★ The Intruder ('19) Michael Ealy, Meagan Good.			American Heist ('14)
STZENC	:01 ★★ Superfly ('18, Suspense) Trevor Jackson. (DVS)			★★★ 48 HRS. ('82) Nick Nolte, Eddie Murphy.			Another 48 HRS.
SyFy	:35 ★★ The Fast and the Furious ('01, Action) Vin Diesel, Paul Walker, Michelle Rodriguez. (DVS)					The Magicians "The Bails" (N)	
TBS	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Full Frontal
TCM	Hunchback	★★★★ Some Like It Hot ('59, Comedy) Tony Curtis, Jack Lemmon.				:15 A Midsummer Night's Dream	
TMC	Hotel Artemis	★ Biker Boyz ('03, Action) Laurence Fishburne, Derek Luke, Orlando Jones.				★★ Shaft ('00) Samuel L. Jackson.	
TNT	Geostorm	All Elite Wrestling: Dynamite (N)				Jack Reacher	
Travel	Paranorm.	Paranormal Ca.		Paranormal Ca.		True Terror	
TV Land	Andy G.	Raymond	Everybody Raymond		Raymond	Two Men	Two Men
USA	:00 Chicago P.D.	WWE NXT (N) (L)				:05 ★★★ The Hangover ('09)	
VH1	Black Ink	Black Ink Crew (N)		Wild/Out	Wild/Out	Wild/Out	Wild/Out
WGN-A	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met

Not everyone with lung cancer will get a cough

Elizabeth Ko & Eve Glazier
Ask the Doctors

DEAR DOCTOR: Our sister saw her doctor because her chest felt "heavy," and he found fluid in her lung. Further tests showed lung cancer, which had already spread. She never coughed, and she quit smoking years ago. What are some of the symptoms of lung cancer?

DEAR READER: Although a cough can be an indication of lung cancer, it is not the only sign of the disease, and it doesn't appear in every case. Lung cancer can take years to develop; in its earlier stages, people may have no symptoms at all. When the disease does begin to make itself known, some of the symptoms can be unusual, and, thus, not immediately associated with lung cancer.

Let's start with a cough. It's one of the more common symptoms of lung cancer, and it appears in up to half of all patients. This can be a new and persistent cough that isn't associated with a cold or the flu, or it can be a chronic cough that gradually becomes worse. These coughs may be painful, and they may produce red or rust-colored phlegm or sputum, which indicates the presence of blood. Any time that you cough up blood – whether it is bright red, which indicates new blood, or a darker hue, which signals old blood – it's important to see a doctor.

The presence of fluid, as in the case of your sister, is known as pleural effusion. It's not actually inside the lungs, but in an area between the lungs and the chest wall, which is known as the pleural space. When it is associated with cancer, the condition is known as malignant pleural effusion, and it is a sign that the disease has spread. The buildup of fluid in the pleural space causes the sensation of heaviness that your sister reported, sometimes also described as a feeling of tightness. Often, it is accompanied by shortness of breath, a dry cough and exhaustion. Pleural effusion can be life-threatening, and the fluid must be drained.

Additional symptoms of lung cancer include chest pain, hoarseness, frequent bouts of bronchitis or pneumonia and persistent chest pain. Symptoms of the disease that are not lung-related include persistent fatigue or malaise, loss of appetite, unexplained weight loss, swollen or enlarged lymph nodes and shoulder or upper-back pain. Some patients develop an enlargement of the fingertips, known as clubbing. It's important to note that each of these, including cough, can be caused by other conditions.

For adults who are at a higher risk of developing lung cancer, the recent development of an early stage screening test has been an important advance. Known as low-dose computed tomography, or a low-dose CT scan, it's recommended for adults between the ages of 55 and 80 who are heavy smokers, or who were heavy smokers and quit less than 15 years ago. The scan, which uses a small amount of radiation, makes a detailed image of the lungs. Risks of the test include false positives, which can lead to unnecessary surgical procedures, and exposure to radiation, which itself can cause cancer. Anyone interested in the test should check with their doctor to see if they meet the screening criteria.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health. Send your questions to asktheodoctors@mednet.ucla.edu, or write: Ask the Doctors, c/o UCLA Health Sciences Media Relations, 10880 Wilshire Blvd., Suite 1450, Los Angeles, CA, 90024. Owing to the volume of mail, personal replies cannot be provided.

Trust yourself to find balance in relationships

Carolyn Hax

DEAR CAROLYN: My boyfriend and I are in our early 20s and in a long-distance relationship for 1.5 years. He's my first major love and relationship. We compromised our future plans to align with each other's. Now our current (tentative) plan is to move in together after my Ph.D. is done and his business settles. He's very supportive and I'm happy with him. However, I'm not sure if I'm ready for a relationship. I've lost myself as I put so much energy, time and effort into our relationship, instead of investing in myself. I'm emotional and not as productive or disciplined as I was. I don't know how to balance myself, as this is my first relationship. I'm not sure if a relationship is good for me or if I'm ready to be in one, since I'm starting out my career/life and now I'm so distracted. I want to focus and invest in myself without his influence, because I'm scared of losing myself even more. My boyfriend knows this problem and wants to be supportive, but we are so clueless. What's the best step for myself? Break up or find a balance? Is there a way to be in a relationship and still be your most productive, career-driven self in your 20s?- J.

J.: There is a way, yes.

But it hinges on having enough self-knowledge and confidence not to be easily shaken by outside forces.

You're always going to feel some pull toward pleasing the people you love, of course. That isn't even a bad thing.

But that pull can be overwhelming if you aren't secure emotionally. It takes confidence in who you are, what you need, what works for you, what doesn't work for you, where you can afford to compromise without compromising your core self, and how to get yourself back on course when someone or something diverts you. That's when you will be able to keep other people's needs in perspective relative to your own.

Here's a simple example: A loved one bugs you to spend more time together, when you have a big project you want to focus on. If you feel secure in yourself and that relationship, then you might not even see repeated invitations as pressure – just as someone eager for your company, yay – and comfortably say, "Thanks, I'll call you after my project."

That's when you know you don't owe people attention you don't have; know you'll be OK even if they're upset with your answer; know you'll do better at your project if you stay focused; know you'll be happier with yourself if you prioritize this project temporarily over your social connections. It's self-knowledge on several fronts.

If you interpret it as pressure, though, and feel you owe other people more than you owe yourself – or aren't even sure what you owe yourself – then you might make plans even though you can't spare the time. And not enjoy yourself. And this might spin into resentment of the person for pressing.

As for your relationship now and your relationship skills in general: Start trusting yourself. "I want to focus and invest in myself without his influence, because I'm scared of losing myself even more." *This is loud and clear.* Heed it. If you want, therapy can help you understand yourself better from there.

Email Carolyn at tellme@washpost.com, follow her on Facebook at www.facebook.com/carolyn.hax or chat with her online at noon each Friday at www.washingtonpost.com.

CROSSWORD

ACROSS
1 Computer language
7 Evaluate
13 Steep gulch
14 Summer top
15 Tear gas target
16 Vinegar bottles
17 Weathervane dir.
18 "She Done — Wrong"
19 Undergrad degs.
22 Mekong native
24 Two of a kind
28 Mdse. bars
29 Stoic founder
30 Ms. Thompson of films
31 Health resort
32 Sharp turn
33 Expert
34 Avis rival
36 — Angeles
38 Halloween creature
39 Per
40 Office fill-in
41 Andy Capp's quaff
42 Multitude
43 Umbrage
44 Crestfallen
45 Oz. or tsp.
47 Once around the track
50 Without scruple
53 Constructs
57 Coleman lantern part
58 Oolong brewer
59 Outlaw pursuers
60 Military greeting

DOWN
1 Golf score
2 Jackie's tycoon
3 Sellout letters
4 Camp beds
5 Certain votes
6 Rhine nymph
7 Reaction to pollen
8 Rani's wear
9 Slouched
10 Dog days in Dijon
11 Treat fractures
12 Almost-grads
19 Shrubbery
20 Attractive quality
21 In short supply
23 Fishing enthusiast
25 One-celled animals (Var.)
26 Old Chevy model
27 Informed on
29 Snore, in cartoons
33 Horned viper
35 Hinders
37 Egg dishes
40 Names
46 Uncle or grandpa
48 General vicinity
49 Bell sound
50 Current meas.
51 Kind of jacket
52 Add- — (extras)
54 Chip in a cellphone
55 Little one
56 Fem. saint

Answer to Previous Puzzle

Q	U	I		A	F	R	O		G	R	O	K
T	L	C		G	R	U	B		H	O	R	N
I	N	K		R	A	N		O	I	L	E	O
P	A	Y	E	R			Q	U	E	S	T	
		K	E	G		M	E	L				
F	I	J	I		A	G	E	D		P	R	Y
A	N	O	N		U	R	N		G	A	T	E
S	T	A	G		G	A	D		P	E	C	
T	O	N		C	E	D	E		R	A	S	H
		S	A	S		D	O	G				
F	R	I	E	D			H	E	A	D	S	
L	A	R	A		A	Y	L	A		R	A	M
O	R	A	L		S	E	E	R		F	L	U
P	E	N	S		K	N	E	E		S	I	T

JUMBLE

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

MAFYO

EEZSI

TOONNI

MIGATB

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

"_____ _____ _____ _

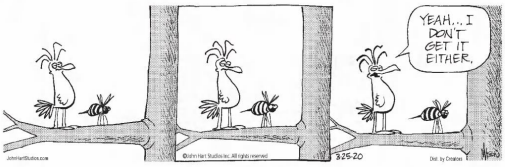
BEETLE BAILEY

BLONDIE

OUCH! CAN YOU GIVE ME A BETTER ESTIMATE FOR CATBRING MY BIRTHDAY PARTY?
I COULD CHARGE YOU TWO DOLLARS LESS PER GUEST
YEAH, I GUESS THAT'S PRETTY GOOD
I'LL STILL HAVE TO CHARGE YOU OUR TWENTY-FIVE-DOLLAR DEPOSIT
WELL, THERE YOU GO AGAIN!

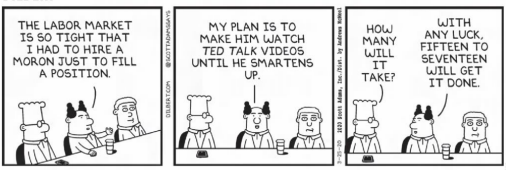
HI & LOIS

BC



WIZARD OF ID

DILBERT


THE LABOR MARKET IS SO TIGHT THAT I HAD TO HIRE A MORON JUST TO FILL A POSITION.
MY PLAN IS TO MAKE HIM WATCH TED TALK VIDEOS UNTIL HE SMARTENS UP.
HOW MANY WILL IT TAKE?
WITH ANY LUCK, FIFTEEN TO SEVENTEEN WILL GET IT DONE.

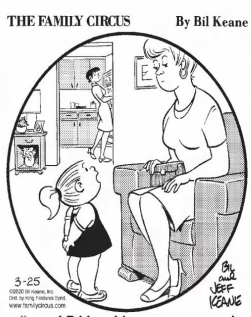
GARFIELD

FORT KNOX

PICKLES

DO YOU HAVE TIME TO RUN A FEW ERRANDS FOR ME, EARL?
EH? I CAN'T HEAR YOU. I'VE GOT THE TIP OF A COTTON SWAB STUCK IN MY EAR.
OKAY, I'LL TALK IN YOUR OTHER EAR. I NEED YOU TO RUN SOME ERRANDS FOR ME.
I NEED TO GET A COTTON SWAB STUCK IN MY OTHER EAR.

FAMILY CIRCUS



DENNIS THE MENACE

BABY BLUES

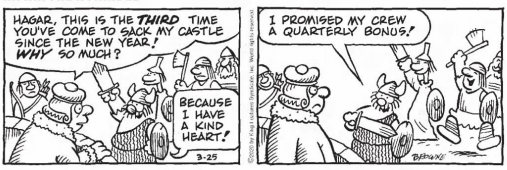
CURTIS

OKAY, THE BUTTERING-UP DIDN'T WORK! IT'S WRITTEN IN THE GOOD BOOK THAT YOU HAVE TO GIVE ME MONEY!
SAYS IT'S BLASPHEMY NOT TO!!
WHERE IS THAT WRITTEN?
UM..IN "EXCELSIOR," OR THE CHAPTER OF, UM, "TERABITHIA" VERSE TWO ...OH, IT'S SOMEWHERE!!
IT'S ON ONE OF THOSE PAGES THAT PEOPLE SELDOM READ!

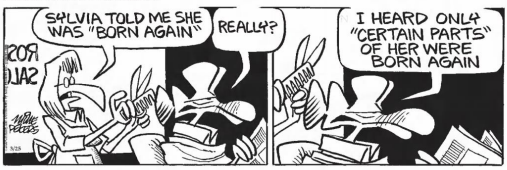
ZITS

JEREMY, DO YOU HAVE ANY PLANS FOR THE FUTURE?
I'LL PROBABLY GRAB THE BIGGEST SLICE AND HOPE YOU DON'T NOTICE.
THE FUTURE BEYOND WHEN OUR PIZZA ARRIVES.
OOOH, DEEP!

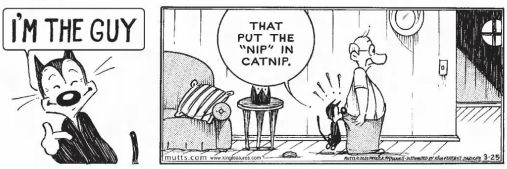
HAGAR THE HORRIBLE


HAGAR, THIS IS THE THIRD TIME YOU'VE COME TO SACK MY CASTLE SINCE THE NEW YEAR! WHY SO MUCH?
BECAUSE I HAVE A KIND HEART!
I PROMISED MY CREW A QUARTERLY BONUS!

MOTHER GOOSE & GRIMM



MUTTS



SALLY FORTH

HI, I'D ACTUALLY LIKE TO, YOU KNOW, DANCE AT THE SPRING DANCE. NOT PLAY KEYBOARDS IN A WOLF MASK. AGAIN.
AND I ALREADY DECIDED ON MY COSTUME.
THAT'S GREAT! WE CAN DO IT AS A GROUP! WHO ARE YOU GOING AS?
UH..
FOR THE LOVE OF-- HI! LEAVE HER ALONE! STOP ASKING EVERYONE QUESTIONS!

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Catch-Um Lake Bait Shop, fishing ponds and campground will not re-open on April 1st, and will remain closed. Thank you to all my customers for your business and loyalty for the past 35 years.

CARD OF THANKS

Cody Keller and family would like extend their gratitude and appreciation to the many businesses that helped with donations as well as the many individuals that donated items, and/or helped with the event. Then benefit dinner for Cody Keller was a great success and shows how a community call pull together.

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If you wish to reply to a box number and NOT have your letter sent to certain firms, then: B) attach a note listing which firms are NOT to receive your letter; and (C) send every thing in ANOTHER ENVELOPE addressed as follows:

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If the advertiser is among the names you don't want to contact, we will destroy your sealed letter.

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To protect our readers, Herald-Palladium policy requires that all companies list their names when placing ads in our publication. Employment advertisers who wish to remain anonymous must rent Herald-Palladium boxes so that we can insure our readers that they are not responding to their current employers or any other company to which they do not wish to apply.

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When readers respond to your ad via e-mail, we will forward them to you immediately if you provide us with an e-mail address or we will print and handle them in the manner that you request.

The Herald-Palladium

HOROSCOPE

By EUGENIA LAST

WEDNESDAY, MARCH 25
Look for solutions. Taking on too much or letting others take advantage of you will lead to disappointment and disgruntlement. Size up your situation and make plans that will help you engineer a way to move from a difficult spot to a place that excites you.

ARIES (March 21-April 19) You'll get further if you are kind. Someone may irritate you, but if you respond with a positive attitude and sound suggestions, you will avoid a senseless argument.

TAURUS (April 20-May 20) Make calls, do research and close deals. Don't rely on someone else to take care of your affairs. If you want to change, make it happen. Take responsibility for your life and happiness.

GEMINI (May 21-June 20) Refuse to give in to someone pressuring you. Avoid being taken for granted. Don't let frustration and anger mount because you are trying to accommodate everyone.

CANCER (June 21-July 22) Your memory won't let you down. The lessons of experience, coupled with a unique approach to getting things done, will help you excel. A romantic gesture will brighten your day.

LEO (July 23-Aug. 22) Don't limit what you can do by taking on responsibilities that don't belong to you. Choose how you spend your time and use your talents carefully. Learn from experience.

VIRGO (Aug. 23-Sept. 22) A last-minute change of plans will lead to an unexpected gain. Join forces with someone who has as much to offer as you. Don't ignore a professional opportunity.

LIBRA (Sept. 23-Oct. 23) Use your imagination, fine-tune your ideas and make your move. Think big, but don't go overbudget. Be willing to bargain for what you want.

SCORPIO (Oct. 24-Nov. 22) An attitude adjustment will give you the boost you need. Someone who wants to team up with you will point out a talent or skill you didn't realize you possess.

SAGITTARIUS (Nov. 23-Dec. 21) Be aware of false advertising. Not everyone will be honest or honor their promises. Stick close to home and to the people you know you can trust.

CAPRICORN (Dec. 22-Jan. 19) Don't act on an assumption, or you will end up paying the price. If you connect with people who share your mindset, you'll be able to bring about change that will make a difference.

AQUARIUS (Jan. 20-Feb. 19) Dig up an old project and give it a face-lift. Approaching an old idea with a fresh attitude will lead to a prosperous venture. Someone who falls outside your age range will provide insight.

PISCES (Feb. 20-March 20) Acceptance will be the key to getting ahead. Size up what's going on around you and use whatever you can to your advantage. It's time to take the lead.

Layout Assistant

Duties will include, but are not limited to advertising placement in multiple publications, assisting with the coordination of layouts, classified pagination and page production throughout the company.

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This is a full-time position. Shift is roughly 11am-7pm, Monday - Friday, subject to change.

E-mail your resumé to
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No phone calls please
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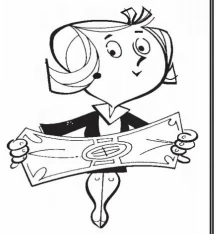

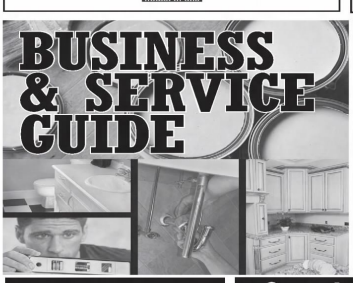

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hp FOOD

Food in the time of the coronavirus

By DANIEL NEMAN
St. Louis Post-Dispatch

Laurie Skrivan / St. Louis Post-Dispatch / TNS

The same day President Donald Trump announced he was declaring the coronavirus pandemic a national emergency, an aisle once stocked with disinfectant wipes sits empty inside a Target store in Brentwood, Mo., on March 13. The stored posted signs limiting quantities of disinfectant wipes, hand sanitizer, hand and face wipes, toilet paper and 24-packs of bottled water to four per guest.

I went to the grocery store last Sunday for the first time since the panic hit.

I only needed four items, but one of them was onions. The store was completely out of onions. Also, pre-packaged salad, bleach and toilet paper. The shelves were overflowing with facial tissue, but the toilet paper was all gone.

Folks, you can use facial tissue if worse comes to worst (though plumbers would say don't flush them).

The experience got me thinking about what would happen if we were to experience food shortages. I don't think such a thing is likely, but I heard one compelling theory about how it could happen.

Farmers will still farm, of course, and food producers will likely still produce food. The possible weak link in the food chain would be at the level of distribution. Grocery stores are certain to stay open, but there has to be a way to get the food to them.

Again, I don't see a likelihood of a shortage. But it never hurts to be prepared. So on the chance that food shortages do come our way, here are some tips for how to handle them.

Obviously, you should not go overboard on buying perishable foods unless they can be frozen, such as meats, butter and even bread. If it looks like a shortage will be extended for some time, canned goods are the way to go.

And don't be a jerk about it. Save some for other shoppers. They'll have to eat, too.

Perhaps the most important consideration for a time of shortages, and also for a time of plenty, is protein. If you don't eat enough of it, your health will severely suffer.

It depends on your size, age, weight and a host of other factors, but the average sedentary woman needs about 46 grams of protein per day, and the average sedentary man needs 56 grams, according to Healthline. Meat-eaters will get most of that from meat, and dairy is another good source.

But what if meat and dairy products are in short supply?

Then it's time to turn to beans and bean products, such as tofu, edamame and tempeh.

And don't forget peanut butter. Peanuts are in the same family as beans, they are rich in protein and, when spread on bread with jam or jelly, they are just about the tastiest thing you can eat.

One advantage to buying beans is that you can get a large amount of them dried. They are inexpensive, take up little room in your pantry and will last for years, if you need them. You do have to soak them overnight before using them, except for lentils, but that takes virtually none of your time and only a little planning.

And what do you do with all of those beans? You can do what most of the world does: Eat them with rice.

Plain rice with plain beans is dull, but the dish is easy to make better. If you have them, cook the beans with onion (if the stores have them), celery and either carrots or green pepper – or go crazy and use both.

Tomatoes, even from a can, will add a lot. Garlic helps, too, and cumin. I don't usually advocate the use of curry powder, but a little won't hurt here. Add a handful of frozen peas, if you have them. If sausage or chicken is available, they are excellent additions.

And if you have chicken or vegetable stock on hand, cooking the rice in it adds a wealth of flavor.

With so many different varieties of beans, you could make variations on this recipe and have essentially a different dish every night. Scramble the leftovers with eggs, or use them as the filling for an omelet the next day for a special treat.

A shortage might also be a good time to begin baking your own bread. It does take time, which you will have a lot of if you are quarantined, but there are also some recipes available for baking a perfectly respectable loaf of bread in an hour.

Jim Lahey's famous recipe for no-knead bread is definitely worth trying, too, if you have never made it. After the shortages end, you may never want to buy bread from a bakery or grocery store again.

All you will absolutely need to bake bread are flour, yeast and maybe a little sugar to encourage the yeast to do its job. Most recipes have other ingredients, too, such as butter, buttermilk, raisins or different kinds of flour. Just get what they have at the store and make a loaf with those ingredients.

Baking bread is fun and relaxing, and your house will smell great.

And don't worry. We'll get through this.

One-hour Bread

Makes 12 servings.

1 1/2 cups warm water
1 1/2 tablespoons (2 packets) active dry yeast
1 tablespoon granulated sugar or honey
3 1/2 to 4 1/2 cups all-purpose flour
1 1/2 teaspoons salt

In a large bowl, combine water, sugar and yeast. Whisk or stir with a fork. Allow to sit 5 to 10 minutes, until the top becomes frothy.

In a separate bowl, stir together the 3 1/2 cups of flour and salt. Slowly add flour mixture to the yeast and water, stirring with a fork until it begins to form a stiff dough. Knead by hand, adding additional flour as necessary, until the dough is smooth and no longer sticky.

Form into a loaf shape and place on a greased baking sheet. Dust the top with flour and cover with a towel.

Immediately begin heating oven to 425 degrees.

Allow dough to rise while the oven comes to temperature. When the oven hits 425 degrees, cut slashes in the top of the dough and bake until done, 15 to 20 minutes.

Loaf is done if it sounds hollow when you tap it on the bottom. Cool on a rack before serving.

– Recipe adapted from mymundaneandmiraculouslife.com

Run out of an ingredient? There's a substitute for it

Jane Ammeson

I was looking for Mexican cheese to make enchiladas when the woman standing about 6 feet away from me asked if I knew a good substitute for butter.

Since I had just been reading "The Food Substitutions Bible: More Than 5,000 Substitutions for Ingredients, Equipment and Techniques" by David Joachim and my old copy of "Joy of Cooking," which also offers a lot of substitutes and how-tos, I was able to tell her that, for cooking, any oil can be substituted for butter.

For baking, you can use equal amounts of margarine, lard or shortening and solid coconut oil. If you don't have enough of one of those to complete the recipe – and this applies to baking – you can use applesauce.

"My husband says why have you been spending so much time at the grocery store," she says. "It's because I have to rethink everything. I come here with the idea of making a certain thing, and then I can't find the ingredients, so I have to make do with what is available."

With that in mind, I decided to make a list to carry with me – and there's probably an app for it, too – of basic substitutions. Here's what I put together using several sources, including the ones named above.

BAKING POWDER: Use an equal amount of baking soda and cream of tartar.

BROTH (BEEF): An equivalent amount of vegetable broth, red wine or beer.

BROTH (CHICKEN OR VEGETABLE): An equivalent amount of dry white wine, vermouth or water.

BREADCRUMBS (1 CUP): Same amount of crushed crackers; 3 to 4 slices oven-dried bread, crushed in a food processor; 1 1/4 cups croutons or stuffing cubes, crushed; 3/4 cup cracker crumbs; 1 cup crushed tortilla or potato chips; 1 cup crushed pretzels; 1 cup crushed cornflakes.

BROWN SUGAR: Blend an equal amount of sugar and molasses.

BUTTERMILK (1 CUP): 1 cup milk plus 1 teaspoon lemon juice or vinegar.

CINNAMON: Equal amount of nutmeg or allspice.

COCOA POWDER (3 TABLESPOONS): 1 ounce unsweetened chocolate (decrease fat in recipe by 1 tablespoon); 2 ounces semi-sweet chocolate (decrease fat in recipe by 1 tablespoon and sugar in recipe by 3 tablespoons).

CORNSTARCH (FOR THICKENING): 2 tablespoons flour.

CREAM OF TARTAR (FOR WHIPPING EGG WHITES): Equal amount of white vinegar and lemon juice.

EGGS (IN A BAKING RECIPE): 1/3 cup applesauce; 1/4 cup pureed banana, 3 tablespoons vegetable oil plus 1 tablespoon water; 2 to 3 tablespoons mayonnaise (for cakes).

HERBS (1 TABLESPOON FRESH): 1 teaspoon dried leaf herbs; 1/2 teaspoon ground dried herbs.

FLOUR (1 CUP): 1 cup plus 3 tablespoons cake flour; 1 cup self-rising flour (omit baking powder and salt from recipe); 1 1/2 cups dry breadcrumbs.

CAKE FLOUR (1 CUP): 1 cup pastry flour; 1 cup minus 3 tablespoons all-purpose flour plus 3 tablespoons cornstarch.

PASTRY FLOUR (1 CUP): 2/3 cup all-purpose flour plus 1/3 cup cake flour.

SELF-RISING FLOUR (1 CUP): 1 cup all-purpose flour plus 1 1/2 teaspoons baking powder plus 1/2 teaspoon salt.

GARLIC (1 CLOVE): 1/8 teaspoon garlic powder; 1/2 teaspoon garlic salt (omit 1/2 teaspoon salt from the recipe); 1/2 teaspoon jarred minced garlic; 1/2 to 1 teaspoon minced shallots.

HALF AND HALF (1 CUP): 1 cup whole milk plus 1 tablespoon melted unsalted butter; 1 cup evaporated milk.

HEAVY WHIPPING CREAM (1 CUP): 2/3 cup whole milk plus 1/3 cup melted unsalted butter.

LEMON JUICE (1 TABLESPOON): 1 1/2 teaspoons white wine vinegar, sherry vinegar or champagne vinegar.

LEMON ZEST: 1/2 teaspoon lemon extract for each teaspoon.

MAYONNAISE (1 CUP): 1 cup sour cream; 1 cup yogurt; 1 cup cottage cheese, pureed in a blender; or use any of the above for part of the mayonnaise.

MILK (1 CUP): 1/2 cup evaporated milk plus 1/2 cup water.

ONION (1 MEDIUM): 1 1/2 to 2 teaspoons onion powder; 1 cup chopped shallots; 1 1/4 cups chopped leeks, green onions or scallions (white and light green parts only); 1 cup frozen chopped onions.

SALT (TABLE; 1 TEASPOON): 1 1/2 teaspoons Morton kosher salt; 2 teaspoons Diamond Crystal kosher salt.

SOUR CREAM (1 CUP): 1 cup plain yogurt or 3/4 cup cream cheese plus 3 tablespoons milk; 1/3 cup melted unsalted butter plus 3/4 cup milk and 1 teaspoon lemon juice (the latter is just for baking).

SUGAR GRANULATED (1 CUP): 3/4 cup unsifted powdered sugar; 1 cup packed light or dark brown sugar; 1 cup minus 2 tablespoons honey, agave nectar or brown rice syrup plus 1/4 teaspoon baking soda (reduce liquid in recipe by 3 tablespoons and lower oven temperature by 25 degrees).

DARK BROWN SUGAR (1 CUP): 1 packed cup light brown sugar plus 1 tablespoon molasses; 1 cup granulated sugar plus 2 to 3 tablespoons molasses.

POWDERED SUGAR (1 CUP): 1 cup granulated sugar plus 1 tablespoon cornstarch, processed in a food processor.

TOMATOES (1 POUND FRESH): 1 1/2 cups canned whole tomatoes; 6 to 8 sun-dried tomato halves, reconstituted in hot water; 3 tablespoons tomato paste (you may need to add liquid).

TOMATO SAUCE: Combine equal parts tomato paste and water.

VINEGAR: Use an equal amounts of lemon juice.

WHITE OR BROWN RICE (FOR EACH 1 CUP OF UNCOOKED): 2 cups orzo pasta; 1 1/4 cups couscous; 3/4 cup barley; 1 cup quinoa; 1 cup bulgur; 1 1/3 cups wheatberries; 1 1/2 cups kasha.

WINE (FOR SAUCES AND/OR STEWS): 1 cup beef broth (for sauces and stews); 1 cup beer (for stews).

WHITE WINE MARINADE (1 CUP): 3/4 cup white grape juice, apple juice or apple cider plus 1/4 cup white wine vinegar or lemon juice.

RED WINE MARINADES (1 CUP): 3/4 cup red grape juice plus 2 tablespoons red wine vinegar or lemon juice plus 2 tablespoons of water.

I'm collecting recipes that are easy to make and can be adapted easily to what we have in our pantry or refrigerator. To start with, here's a recipe from my friend Justine Fearnow.

She substituted her leftover corned beef cabbage for the ground beef to make this. Another time she used chicken instead, also adding broccoli and spinach. She didn't have tomatoes so she left them out. Instead of cheddar she used gouda because that's what she had handy.

She included the basic recipe, and then shared the changes she made. It's the perfect dish for these times.

If you have a dish to share, please email or send it to me.

Justine Fearnow's Homemade Quick and Versatile Savory Pie

Makes 4-8 servings.

1 pound ground beef
1 1/2 cups chopped onion
1/2 teaspoon salt
1/2 teaspoon pepper
1 1/2 cups milk
3/4 cup baking mix, like Bisquick (or make your own, see note below)
3 eggs
2 tomatoes, sliced
1 cup shredded cheddar cheese, or your favorite melting cheese

Heat oven to 400 degrees. Spray pie plate with nonstick cooking spray.

Brown the beef and onion, and add salt and pepper to your taste. Drain the meat, and spread in the pie plate.

Mix the milk, baking mix and eggs until smooth, and pour into the plate over the meat.

Bake about 25 minutes, then remove from oven. Top with tomatoes, sprinkle with cheese, and bake until a knife comes out clean; 5-9 minutes.

Cool for 5 minutes before serving.

Note: If you have no baking mix available, make your own: 3 cups flour, 1 1/2 tablespoons baking powder, 3/4 teaspoon salt, 3 tablespoons melted butter, oil or shortening. Mix dry ingredients into a medium bowl; slowly pour butter into mix, making sure to disperse evenly. The mix can be stored in an airtight container for up to 4 months. Use as you would Bisquick.

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